

THE FIRST CHAPTER

Parental resources continue to offer much advice for overcoming teething problems with your children on varying occasions. I find that an even temperament will be helpful and with maturity, temperament eases. Relating with your children could allow sticky situations to work out better.

Responsive parenting that sets the boundaries and applies consistent approaches and distinguishing the personality of every child as their own; allows your little toddler to be formative in developing his/ her own character. Being responsive in parenting, allows the child to explore and develop in his or her own interests and capabilities. Although being siblings, two children may be very different from each other (and instances of different genders and development). Fostering responsive parental ties with all your children, allows them to establish and express themselves; being aware, reflective and live cohesively together.

A child's understanding of situations helps them make sense of the world they live in and builds their unique character and identity.

Some structure or routine is healthy for the child in the formation period of developmental stages. This helps the child to relax and learn and develop consistently. And an occasional movie-nighter could be an effective reward for positive behavior. This helps the child to appreciate life. When a young child is healthy in mind and heart, he will be secure to explore and interact with his peers, surroundings, and probably authority where appropriate/and manner.

Spending some me time with your child

A bedtime story sets the mood for a sharing of closeness bonding with your child. And prepares your child for restful sleep. Also continues on to how their day went and mutual sharing of both your days... this facilitates open communication and an open relationship

Rewards

A coupon or pass for rewards or little entitlements provides encouragement to the child. It could be responsive towards the child on their bad days.
Bedtime pass by Dr Pat Friman Uni of Kansas