

## THE FOURTH CHAPTER

Teething problems – The Toddler  
(the terrible 4?)

Try to notice any signs that something might be bothering them  
Acquiescence, withdrawn, irritable...

When beginning school, there may be a little anxiety so if the child feels secure, he or she will be more likely to venture and explore.

Building on your child's confidence at home, going outdoors and with friends, relatives, their peers before school-going age may be helpful in developing your child's character.

Focus on their strengths, prompt with encouragement when they display positive strengths; this helps them recognize their individuality and when you steer them on, they feel more charged and equipped at handling situations.

Teaching your child to learn to be autonomous and secure

All the parental guides seem like they have the formula to grow kids up but in reality, no one size fits all

You may like to apply what you find works for your child; you could continue browsing & reading to find helpful tips and suggestions